

být užitečné i jiné formy léčby, jako jsou farmakoterapie nebo mobilní aplikace.

Vztahová OCD je málo rozpoznávanou formou OCD, která významně ovlivňuje vztahy

pacienta i jeho blízkých a která zasluhuje systematickou psychoterapii. Je potřeba provést více rigorózních a systematických výzkumů, které by mohly přispět k lepšímu pochopení

vzniku, průběhu a léčby R-OCD. Také je důležité zvýšit povědomí o R-OCD u odborníků i široké veřejnosti, aby se zvýšil záchyt poruchy a její účinné řešení.

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